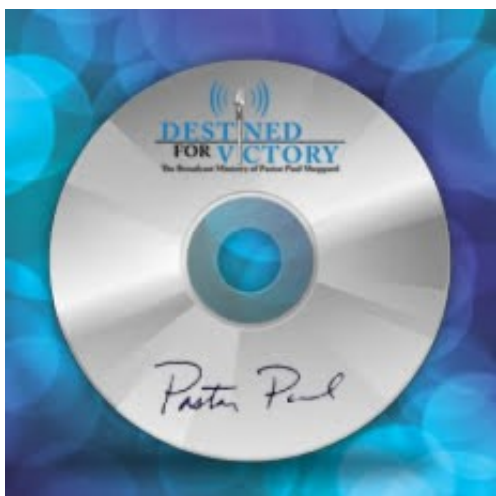


## Get a Hold of Yourself!



**Product Code:** 1479

**Price:** \$8.00

### **Short Description**

Restraining passions and fleshly tendencies; thinking and behaving in ways that are consistent with our goals; based on Gal. 5:22-23 and other passages of Scripture.

### **Description**

Restraining passions and fleshly tendencies; thinking and behaving in ways that are consistent with our goals; based on Galatians 5:22-23 and other passages of Scripture.